



## SHORT TERM JOURNEYS

# High Performance Summer Tennis

2009

### 1. DESCRIPTION OF JOURNEY

**High Performance Summer Tennis** offers students an excellent opportunity to experience our community at a special time of year. Students partake in a varied activity program structured around our high performance tennis training.

The journey includes daily world-class technical and tactical tennis training with our experienced coaching team, and an integrated physical training program courtesy of our Physical Performance department. In addition, students receive daily language teaching in Spanish or English and a varied weekly activity program.

Our summer journey runs between June the 20<sup>th</sup> and August the 30<sup>th</sup> and is available in multiples of one week.

Our daily work at the Academia Sánchez-Casal is guided by our philosophy of "developing successful young people in all aspects of life, using tennis and education as the vehicle for personal development." All student athletes receive the relevant support systems to help them fulfil this goal.

The content of the Journey is equal regardless of a student's status as a resident or non-resident.

#### HIGH PERFORMANCE SUMMER TENNIS

- Monday to Friday: 4 hours Tennis training per day, except Wednesday (only 2 hours)
- Monday to Friday: 2 hours Physical training per day
- Monday to Friday: 2 hours Language teaching per day, except Wednesday
- 3 Activities per week (Wednesday afternoon, Saturday afternoon and Sunday all day long)

**The High Performance Summer Tennis Journey works alongside the Schiller International School**, at their facility on the Academy campus.

### 3. REGISTRATION

In order to register for this journey, it is necessary to demonstrate an adequate tennis level, evaluated by the Academy's Leadership Team and for which the student must reserve through the Admissions Department.

Journey registration will be formalised by filling out the registration form (5 sheets), which must be signed by the student and the father, mother or legal guardian of the student if he/she is under 18, as well as a security deposit of the whole amount of a one week fees (1.290€ if boarding at the Academy; 880€ if non boarding at the Academy).

Registration will not be final until the first payment of those stipulated in the "payment method" section of the form, will be made. All outstanding fees must be paid by the 5<sup>th</sup> of June.

Registration into the journey is considered to be for its entire duration. Therefore, no discounts for students joining the journey after its starting date, or refunds for those withdrawing before its conclusion, will be made.

Formalisation of the registration implies acceptance of the general conditions described herein, as well as acceptance of the Internal Regulations of the Academia Sánchez-Casal.

### 4. TIMETABLES

The timetable for student athletes on this journey is as follows:

- Sunday: Arrival day (boarding and non boarding students)  
1) 12 – 16 Check-in at the Academy  
2) 18 Tennis Test
  
- Monday to Friday 18 hours of tennis + 5 hours of physical training + Activities
  
- Monday to Friday 8 hours of language instruction
  
- 1 morning / afternoon per week Additional sports activity
  
- Saturday 3 hours of tennis and shopping
  
- Sunday 1) Departure Day  
(2 weeks stay) 2) Field trip: Port Aventura, Tibidabo, Aquarium.

### 5. ECONOMIC REGULATIONS

Registration is made for the complete journey, regardless of the payment method used. Therefore, the student commits to full payment of the journey.

Prices for the Long Term High Performance Tennis + Studies Journey are:

#### o TENNIS JOURNEY

- - Boarding in the Academy 1.290 €
- - Non Boarding in the Academy 880 €

(7% Vat Included)

All payments can be made in cash, by bank transfer or credit card.

### 6. SERVICES INCLUDED IN THE PRICE

#### Boarding

- Tennis and physical training programme
- Language programme
- Transportation (Airport-Club-Airport)
- Medical insurance
- Club membership
- Lodging and laundry

The laundry service is available only for at least 2 weeks stay. Players will be provided with a bag marked with the number of their room; they will put their dirty clothes in and leave it at the reception 3 times a week (Monday, Wednesday and Friday). THERE'S NO NEED TO MARK THE CLOTHES WITH THE NAME. The bag will be able to be picked up with clean clothes in the same place 2 days later.

- Internet
- Breakfast
- Lunch
- Dinner
- Activities and trips
- Energy point (hydratation service)

#### Non boarding

- Tennis and physical training programme
- Language programme
- Lunches from Monday to Friday
- Transportation (Airport-Club-Airport)
- Medical insurance
- Club membership
- Energy point (hydratation service)

## **7. PICK UP AT THE AIRPORT AND "UM" SERVICE**

All players are kindly requested to provide us with their arrival details in order to arrange pick-up at Barcelona Airport. Those who have contracted a UM (Unaccompanied Minor) service with their airway are requested to notify us of this. The service has an extra cost of 60 €.

The name of the person in charge of collecting and returning players availing of this service will be provided one week before the course commences.

Players that are planning to travel to the academy by their own means are requested to notify us in advance of their estimated time of arrival.

## **8. SUPPLIES TO BRING**

- Bath towels
- Toiletry bags and toiletries
- Hand towels (for bath and sports)
- Sun screen
- Hats/Visors
- Alarm clock
- Swimming suit and beach towel
- Running/Training shoes
- Casual dress for extracurricular activities
- Notebook and pen
- String/Grips
- Clothes hangers

## **9. GENERAL STANDARDS TO BE FOLLOWED BY STUDENT ATHLETES**

During their development journey, students are expected to treat all persons with respect. Each student athlete is expected to display the qualities of a successful person, mainly honesty and hard work. Whilst it is impossible to be perfect, it should not stop any student trying to be the best they can. Indeed, more than anything, as a citizen of Academia Sánchez-Casal you are expected to give your best in every part of academy life.

## **10. MEDICAL INSURANCE**

Comprehensive Medical Care is provided under personal health care insurance underwritten by Vitalicio Seguros, a leading medical insurer in Spain. The insurance premium is included in the standard fees for journeys. The Academy has an on-site physiotherapist, experienced in treating sports injuries, who operates from a well-equipped on-site medical suite. Our physiotherapist is supported by a host of medical specialists and facilities.

The specific coverage of the Policy is described in the policy subscription contract to be signed by insurer and student.

The Academia Sánchez-Casal shall not be responsible for any possible medical insurance claims affecting the student. Its role is limited to that of intermediary between student and insurer

## **11. STUDENT BANK**

Students can withdraw cash from their account with the student bank. Each student has an account automatically set up on enrolment. Parents/Guardians can pay funds into the account via cash payment or bank transfer. There is no overdraft facility.

## **12. INJURIES**

The Academia Sánchez-Casal, through the Medical Insurance Policy taken out by the student, and the in-house physiotherapy and Medical Care team, will treat players' injuries through a personalised, comprehensive rehabilitation program.

If a student wishes to take temporary leave of the Tennis Academy due to injury, no refund will be provided for the time of absence.

## **13. CAUSES FOR CANCELLATION OF REGISTRATION**

If due to circumstances beyond control, which have been so determined by Academy management, the student must leave the programme without having completed it, the Academy management may provide economic compensation for the student with the refund of part of the period paid for and not consumed, in accordance with the following criteria:

- In no case will the portion corresponding to the medical insurance, which has an annual duration, be returned.
- In no case will the portion corresponding to the annual Academia Sanchez-Casal membership fee be returned.
- In regard to the amounts paid for the Tennis Programme, a maximum amount will be paid equal to the difference in complete calendar months between the end of the programme and the date of withdrawal, minus an amount equivalent to two months, which will remain as compensation for the Academy.
- As for the amounts paid for the Residence, a maximum amount will be paid equal to the difference in complete calendar months between the end of the programme and the date of withdrawal, minus an amount equivalent to one month.